

July -  
August 2012

Volume 9  
Issue 4



PKT ENTERPRISES

THE PKT PRESS

Investing in the Lives of People

PKT's Mission:

*Working together with integrity to provide quality care, support, and life enriching opportunities to persons with disabilities, in an environment fostering growth and independence, while upholding and maintaining a viable, ethical, and moral business, treating everyone with respect, compassion, and dignity.*

**FEATURED HOME**

Hello to all from the **Brighton House**. This early start to spring has kept us ladies busy, outdoors, and in shape. Additionally, it is birthday season for us. The ladies at the Brighton House have been planting Tiger Lily's, Bleeding Hearts, hostas, strawberries, and tomatoes. Kristin M. ate our first baby strawberry!

**Kristin M.** has been helping with the mini garden between all of her concerts. Kristin's busy tour schedule has her attending events such as Cirque du Soleil, the Michael Jackson Immortal World Tour, as well as Lil Wayne, and she looks forward to seeing Madonna in the next few months. Kristin loves the new purple bedding she received for her birthday, getting her nails done, and hair braided. In her spare time, Kristin listens to music and plays games on her personal laptop. She also has been making strides in therapy and learning to text message.

**Rose K.** is anxiously awaiting her turn to sample from the garden. Rose has been redecorating her room independently. Rose has been enjoying watching the flowers and trees come into bloom during her walks in the neighborhood. She recently went out to eat with friends for her birthday and loved her new purple Vikings bag and digital camera that she received as gifts. A new laptop also provides opportunities for learning computer skills. Rose thoroughly enjoys volunteering with the Feed My Starving Children organization and hopes to soon have an independent job as well as volunteer at the Humane Society.

**Polly B.** has been working hard each day on learning new ASL skills and working out with her favorite stuffed bear by her side. Polly just celebrated her birthday with friends diving into some strawberry cheesecake, curling up with new silky pajamas, and loving her new sensory items. Polly is also sporting the new Chris Kardashian haircut and she rocks it!

**Marilyn M.** has been attending church each and every Sunday in addition to social potlucks and picnics. Marilyn loves her MN Twins team as well. She was willing to sport some rain gear to see them win, however the Twins didn't want to get their hair wet and rescheduled the game. Marilyn is looking forward to a juicy steak dinner and shopping spree for her birthday. Marilyn has been enjoying walks around the neighborhood, playing Bejeweled on her laptop, and absolutely cannot wait for her vacation at Camp Friendship.

This has been an excellent start to a beautiful spring. The ladies are working diligently, advocating for themselves, and meeting challenges straight on. We can do it ladies; keep reaching for the stars.

Melissa Holum, Brighton House Coordinator ✍



*Different is Beautiful!*

## MATT'S MEMO



**F**ire up the grill! Summer is in full swing. The porches, patios, lawn chairs and horseshoe pits have been getting a lot of use the last few weeks across PKT. With the great warm weather, the PKT coordinators and staff have been hard at work getting those creativity juices flowing and coming up with activities for the clients to participate in.

Many of the houses have been enjoying their local communities and going for walks around the nearby lakes or parks. The **Pink House** staff took it upon themselves to set up a companywide picnic for Memorial Day. The guys at the Pink House hosted over 30 staff and clients for a great barbeque. Each house was nice enough to bring a dish to share. I hear it was a full house and everyone had a great time! Thanks **Ryan T, Amanda L, and Tim S.** for heading that up!

Another great idea came from the **Brick House.** **Danielle S.** and her staff had been chatting and came up with a plan to do a photo shoot. Connections were made with some friends who are professional photographers, who love to practice their art by volunteering to shoot at different events and for different people. The clients put on their best and gathered at the pavilion in Como Park on a beautiful Saturday afternoon and posed like models for some great photo opportunities. The pictures are soon to come and the clients have been buzzing with anticipation to see how they turned out. Look for a few of them in a future PKT Press edition!

The entire PKT family also got together a few weeks back for an ice-cream social at Culvers in New Brighton. PKT took up an entire party room with clients and staff from almost every house and in-home department. The clients enjoyed laughing and joking with one another; some brought cards and board games to hang out. This is the second year we have done an ice-cream social at Culvers and it seems to be a hit.

It always seems like summer is the best time to get people out and about and participating in community activities. The PKT clients and staff are a busy bunch. I can't wait to see who comes up with the next great activity!

Matt Wahl, SLS Director ✍

## SPOTLIGHT ON



*Drum Roll Please.....*

This month's Spotlight shines on **Barbara B.** at the **Columbia House!** Barb spends her weekdays working hard at MTS completing numerous job duties. One of her favorite duties is "Meals on Wheels".

On the weekends or during down time, Barb enjoys singing, dancing, going to church, and walking to the park. One of her all time favorite activities to engage in is baking. Barb is known at Columbia for her great baking skills! Her peers have expressed often that they "enjoy" Barb's baking so much!

If you are ever in the Columbia Heights area, feel free to stop by the Columbia House and ask Barb to bake you one of her famous "Tie Dye Cupcakes" or her "Chocolate M&M Brownies".

We are all happy that Barb is part of the PKT family!

Rayneshia Nunn, Columbia House Coordinator ✍



## STEVE'S SCOOP



HOT HOT HOT! What a warm and humid week! I hope everyone is staying comfortable and hydrated! So far, fingers crossed, we have been lucky with the air conditioners NOT failing at the homes, and as I type, we have an electrician out at the Pink House running 3 new lines from the 2<sup>nd</sup> floor down into the electrical panel, each line on its own circuit, so we can add more AC units on that level!

Thanks to everyone who filled out the satisfaction surveys!! It is always good to see your comments and ratings. We are touched by the words of praise and energized by the words of encouragement pertaining to how we can better our services. So again, thank you for taking the time to fill out and send back!

The 2012 Picnic...is going to be 8/24/2012 at the STATE FAIR! Yep! So keep the date open and watch your mailboxes.

Have an AMAZING rest of your summer!

**When:**  
**August 24, 2012**



**Where:**  
**MN State Fair**

## SHARILYN'S ...

Summer is here again! Can you believe it? Like so many others, I find myself wanting to be more active and fit. It may be because I can no longer hide under sweaters and sweat shirts, and comfy sweat pants are no longer an option unless my A/C bill is going to be through the roof. Fortunately for myself, I have 21 others here at PKT to help keep me motivated so I don't have to sweat to death this summer.

For the first time ever, PKT offered a Wellness Program/Contest this spring to help motivate PKT employees to meet their personal fitness goals. We had 22 people sign up and take on the 12 week challenge. There are two ways to win: Way One is to be the person with the biggest percentage of weight lost. Way Two is to be the person who has the most steps; hence walked the farthest. For the second challenge, there is a conversion chart of activities to convert into steps to help give you variety. Some of my favorite activities thus far are mini golf, crochet, bicycling, and hiking. The winners of both parts will receive 6 month memberships to Life Time Fitness ☺!

We are a little more than half way through the 12 weeks (as of the moment I am writing this) and let me say the competition has been fierce. As official tracker, I have been pleasantly amazed at the amount of effort everyone has been putting in and shocked by how many steps everyone walks each week. I'm pretty sure there might be a few potential speed walkers among the group that should try out for the 2016 Olympics.

So, best of luck to all my competitors, you are all doing great! And for everyone else, it's never too late to start moving and grooving. Find a friend and start your own challenge today.

Sharilyn Korte, Director of Financial Services ✍



## IN-HOME CONNECTION

“Scrub that tub. Swing that club. Grab some grub.” If anyone were truly a mind-reader, these are just a few of the thoughts they’d read off from this editions’ highlighted In-Home client. From work to play to, well, eating, this man keeps very busy and has a ton of fun throughout it all. This man is **Steve U.**

Steve is on one of the best cleaning crews in the Twin Cities area. He works at Livinn in Maplewood. Steve has been there for a few years now and has become very proficient at his job. This award-winning crew knows how to get things done, and Steve seems to be a proud member of the group!

When the work day is done, Steve likes to relax a bit and engage in any one of a variety of activities that he would call his favorites. One night a week Steve plays softball. He enjoys hanging out with the team and, if they win a game, great, but if they don’t, he always seems to have fun anyway! Steve also likes to go golfing, and when he’s feeling that “need for speed”, he hits the go-cart track at “Raceway To Fun”, where he always tries to get his best lap time around the track.

Steve has a membership at Xperience Fitness, formerly Gold’s Gym. There he has a blast being out on the basketball court, playing a game with the guys! When he’s in-between games, he likes to do some power conditioning in the free-weights area. From bench press to curls, Steve is on course to be one buff dude!

After a good workout it’s time to eat! It would seem that Steve’s favorite place to go is Chipotle, where he orders up a couple of quesadillas and, of course, apple juice instead of pop! On a hot day, it’s always a good thing to cool off with a tasty Frozen Hot Chocolate from DQ, another of Steve’s favorites.

It can be quite a challenge to keep up with this young man and all the things that he does. He has a lot of fun though, and always gives 100% to all he does. Way to go Steve!

Christopher Bastyr, In-Home Services Coordinator ✉

## EMPLOYEE OF THE MONTH SPOTLIGHT \*\*

## Winners of \$50.00 Gift Certificates\*\*

### EMPLOYEE OF THE MONTH for June 2012

#### *Sarah Dunn*

PKT would like to recognize and thank **Sarah** for:

- ⚙ Keeping the clients active and engaged while challenging them to do their best and helping them feel safe
- ⚙ Being willing to pick up extra shifts with short notice and planning fun activities
- ⚙ Coming into work 2 hours early with 15 minutes’ notice, drove to the hospital where client and coordinator were, unloaded the groceries from coordinator’s car to bring back home and pre-packed all the meat for the month
- ⚙ Assisting clients with their hair and current trends in clothing, and keeping their nails well-manicured
- ⚙ Always smiling and energetic and open communication style
- ⚙ Reliable, consistently keeps her promises to clients and coworkers
- ⚙ Brainstorming new reinforcement programs to help

### EMPLOYEE OF THE MONTH for July 2012

#### *Darlene Williams*

PKT would like to recognize and thank **Darlene** for:

- ⚙ Always having a positive attitude
- ⚙ Bringing horseshoe and volleyball sets to the house for the ladies to use
- ⚙ Helping the clients plant a small garden
- ⚙ Renting movies for “movie night” with popcorn
- ⚙ Having dance parties with the clients
- ⚙ Picking up extra shifts when needed

## OPENINGS UPDATE

If you know of anyone looking for placement, please let them know about PKT’s openings. We now have one spot opening at our “Columbia House”, which is located in Columbia Heights. This site has three ladies living there. Please feel free to call with questions or to set up a tour!

Don’t forget about our In-Home department either. PKT always has openings for new clients for the In-Home department. People interested in any of the openings, both Group Home and In-Home, should contact Tennille Carlson at 612-788-3998 x 114 or Steve Tschacher at 612-788-3998 x 105. We now accept both DD and CADI Waiver clients.



# CALENDAR/UPCOMING EVENTS

## July Staff Meetings

IHS:	July 11 <sup>th</sup>	9:30a - 11:30a
Brick:	July 20 <sup>th</sup>	12:30p - 2:30p
Pink:	July 11 <sup>th</sup>	12:00p - 2:00p
Brown:	July 27 <sup>th</sup>	12:00p - 2:00p
Columbia:	July 24 <sup>th</sup>	12:30p - 2:30p
Green:	July 9 <sup>th</sup>	4:30p - 6:30p
Brighton:	July 17 <sup>th</sup>	3:00p - 5:00p
Dark:	July 16 <sup>th</sup>	5:00p - 7:00p
Yellow:	July 10 <sup>th</sup>	12:30p - 2:30p
White:	July 23 <sup>rd</sup>	12:00p - 2:00p

## August Staff Meetings

IHS:	August 1 <sup>st</sup>	9:30a - 11:30a
Brick:	August 17 <sup>th</sup>	12:30p - 2:30p
Pink:	August 8 <sup>th</sup>	12:00p - 2:00p
Brown:	August 24 <sup>th</sup>	12:00p - 2:00p
Columbia:	August 28 <sup>th</sup>	12:30p - 2:30p
Green:	August 13 <sup>th</sup>	4:30p - 6:30p
Brighton:	August 21 <sup>st</sup>	3:00p - 5:00p
Dark:	August 20 <sup>th</sup>	5:00p - 7:00p
Yellow:	August 14 <sup>th</sup>	12:30p - 2:30p
White:	August 27 <sup>th</sup>	12:00p - 2:00p

## Upcoming Activities

July 8	Target Field- Kenny Chesney
July 9-27	Various Locations - Art Mobile 1-3pm
July 9, 6, 23	West Minnehaha - Ice Cream Days - \$1/person
July 12	Phalen Regional Park - Great Outdoors Day - 5:30-7:30pm
July 19-22	Como Community Staycation Weekend
July 20-22	Highland Fest
July 21	Martin Luther King Center- Rondo Days - 11am-6pm
July 27-29	Rice Street Festival
July 30-Aug 24	Various Locations - Art Mobile -1-3pm
August 11	Merriam Park Ice Cream Social -12-3pm
August 14	Northdale August Fest, 5-8pm
August 15	Carnival Fun Day at Harriet Island - 11 am
August 18	Frogtown Fall Festival -10am-5pm
August 24	<b>PKT Annual Picnic - MN State Fair - 10am-2pm</b>

**Comcast "Movies in the Park"-Movies start at dusk (8:30-9:30pm)**  
St. Paul "Music in the Parks" schedule at <http://www.stpaul.gov/index.aspx?NID=1357>

July 13	North Dale Recreation Center - The Smurfs
July 20	Northwest Como Recreation Center - The Muppets
July 26	Hayden Heights Recreation Center - Happy Feet Two
July 27	Rice Recreation Center - Remember The Titans
July 31	Edgumbe Recreation Center - Happy Feet Two
August 1	Hancock Recreation Center - Hugo
August 2	Langford Recreation Center - Puss In Boots
August 3	Palace Recreation Center - Rango
August 15	Groveland Recreation Center - Tintin
August 15	Duluth & Case Recreation Center - Kung Fu Panda 2
August 16	Merriam Park Recreation Center - Kung Fu Panda 2
August 17	Martin Luther King Recreation Center - Happy Feet Two
August 24	Battle Creek Recreation Center - The Muppets
August 28	Como Lakeside Pavilion - Justin Bieber Never Say Never
August 31	Raspberry Island - Back to the Future

## CPR

Tuesday July 10 <sup>th</sup>	11:00a-1:30p
Thursday July 19 <sup>th</sup>	11:00a-1:30p
Thursday July 26 <sup>th</sup>	2:00p-4:30p
Tuesday July 31 <sup>st</sup>	7:00p-9:30p
Wednesday August 8 <sup>th</sup>	11:00a-1:30p
Thursday August 16 <sup>th</sup>	2:00p-4:30p
Tuesday August 21 <sup>st</sup>	11:00a-1:30p
Thursday August 30 <sup>th</sup>	7:00p-9:30p

All classes are held at Orion Associates

## First Aid

Tuesday July 10 <sup>th</sup>	8:30a-11:00a
Thursday July 19 <sup>th</sup>	8:30a-11:00a
Thursday July 26 <sup>th</sup>	11:30a-2:00p
Tuesday July 31 <sup>st</sup>	4:30p-7:00p
Wednesday August 8 <sup>th</sup>	8:30a-11:00a
Thursday August 16 <sup>th</sup>	11:30a-2:00p
Tuesday August 21 <sup>st</sup>	8:30a-11:00a
Thursday August 30 <sup>th</sup>	4:30p-7:00p

JULY 2012						
SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

AUGUST 2012						
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## Other Ideas

Local beaches-swim and tan!

Bike ride a local trail-bring a picnic!

Museums!

Zoos!

Walk a neighborhood!

Go fishing (don't forget a license)!

Catch dragonflies and damselflies!

Free workshop by the Minnesota Odonata Survey Project. Nets and field guides are provided for these all-day workshops (10a-4p)!

State Fair-Get free admission if you volunteer for the DNR for just 3-5 hours for one of the following: Camper Cabin Host, Lake Data Assistant, Smokey Bear and his voice, or Adopt-a-River Exhibit!

Mini golf!

## UPDATED CONTACT INFORMATION ...

Steve Tschacher	612-788-3998 ext 105	<a href="mailto:stevent@pktenterprises.com">stevent@pktenterprises.com</a>	President
Pat Matt	612-788-3998 ext 1007	<a href="mailto:patm@pktenterprises.com">patm@pktenterprises.com</a>	Human Resources Director
Sharilyn Korte	612-788-3998 ext 106	<a href="mailto:sharilynk@pktenterprises.com">sharilynk@pktenterprises.com</a>	Director of Financial Services
Christi Desautels	612-788-3998 ext 118	<a href="mailto:christid@pktenterprises.com">christid@pktenterprises.com</a>	Director
Jennifer Johnson	612-788-3998 ext 115	<a href="mailto:jimi@pktenterprises.com">jimi@pktenterprises.com</a>	SLS Director
Matt Wahl	612-788-3998 ext 109	<a href="mailto:mattw@pktenterprises.com">mattw@pktenterprises.com</a>	SLS Director
Tennille Carlson	612-788-3998 ext 114	<a href="mailto:tennillec@pktenterprises.com">tennillec@pktenterprises.com</a>	Director of IHS, Licensing Compliance and Client Relations
Chris Bastyr	612-788-3998 ext 16473	<a href="mailto:chrisb@pktenterprises.com">chrisb@pktenterprises.com</a>	IHS Coordinator
Danielle Straka	612-788-3998 ext 151	<a href="mailto:brickhousecoordinator@pktenterprises.com">brickhousecoordinator@pktenterprises.com</a>	Brick House Coordinator
Tim Sullivan	612-788-3998 ext 152	<a href="mailto:tims@pktenterprises.com">tims@pktenterprises.com</a>	Pink House Coordinator
Duane Sundblad	612-788-3998 ext 153	<a href="mailto:brownhousecoordinator@pktenterprises.com">brownhousecoordinator@pktenterprises.com</a>	Brown House Coordinator
Rayneshia Nunn	612-788-3998 ext 154	<a href="mailto:rayneshian@pktenterprises.com">rayneshian@pktenterprises.com</a>	Columbia House Coordinator
Katie Fordyce	612-788-3998 ext 155	<a href="mailto:katief@pktenterprises.com">katief@pktenterprises.com</a>	Green House Coordinator
Melissa Holum	612-788-3998 ext 156	<a href="mailto:brightonhousecoordinator@pktenterprises.com">brightonhousecoordinator@pktenterprises.com</a>	Brighton House Coordinator
Jeanette DeChatelets	612-788-3998 ext 157	<a href="mailto:jeanettew@pktenterprises.com">jeanettew@pktenterprises.com</a>	Dark House Coordinator
Anna Seiger	612-788-3998 ext 158	<a href="mailto:yellowhousecoordinator@pktenterprises.com">yellowhousecoordinator@pktenterprises.com</a>	Yellow House Coordinator
Jenny Clement	612-788-3998 ext 159	<a href="mailto:whitehousecoordinator@pktenterprises.com">whitehousecoordinator@pktenterprises.com</a>	White House Coordinator

Brick House	651-646-5221
Pink House	651-696-1909
Brown House	651-730-4773
Columbia House	763-789-7188
Green House	651-748-0580
Brighton House	651-636-8558
Dark House	651-766-6992
Yellow House	651-487-8770
White House	651-784-7874



**Client Birthdays**

Jim R.	7/12
Dottie L.	7/22
Jaci B.	7/28
Tom M.	7/29
Mai V.	8/4
Xao V.	8/5
Mark B.	8/10

**HAPPY  
ANNIVERSARY!**

Hamilton Kulee	1 year
Lucas Van Fossen	1 year
Michelle Freeman	2 years
Sarah Lancial	2 years
Ron Katzenmaier	8 years
Dave Halverson	16 years



**HAPPY  
BIRTHDAY!**

**Employee Birthdays**

Bangela Smith	7/1
Jean Parker	7/3
Karla Rader	7/8
Ron Katzenmaier	7/21
Channon Doerr	7/23
Tim Sullivan	7/24
Vanessa Manrique	7/27
Patricia Amunga	7/28
Chris Bastyr	8/4
Elisabeth Craft	8/6
Ong Moua	8/7
Dave Halverson	8/8
Jessica Greenhow	8/28

**WELCOME**

**New Employees**

Janine Beier	Yellow House Live-In
Janet Hansey	Float
Krystle Kleven	In-Home LSI
Latita Martin	Brick House Live In
Alison Owens	Brick House LSI
Amanuel Teklemariam	Brick House LSI



**PKT Enterprises**  
**708 North 1st Street**  
**Suite 331**  
**Minneapolis, MN 55401**

### Words to Live By ...

Blessed are those who hunger and thirst for righteousness, for they shall be filled.

**Matthew 5:6**

*For mailing changes, please contact Pat Matt at 612-788-3998  
x 1007; email: [patm@pktenterprises.com](mailto:patm@pktenterprises.com)*

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### THE PKT PRESS

*is intended to provide information to the individuals we serve, the families and individuals who are so vitally important to those we serve, as well as the many members of the PKT community about what is going on at PKT Enterprises and just exactly "who" PKT Enterprises is...*