November -December 2012

> Volume 9 Issue 5



IEPKIPL Nesting in the Lives of People

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PKT's Mission:

Working together with integrity to provide quality care, support, and life enriching opportunities to persons with disabilities, in an environment fostering growth and independence, while upholding and maintaining a viable, ethical, and moral business, treating everyone with respect, compassion, and dignity.

IN-HOME CONNECTION

ime to lace up those walking shoes, because you're about to go on a stroll to learn a little bit about our featured In-Home friend, *Kristi B.*

During the workweek, Kristi works hard at her job at Kelly Inn. She keeps busy with a lot of different housekeeping responsibilities. She works super hard, focusing on every detail to make sure she does things right.

Outside of work, Kristi stays active with doing what she loves the most; shop! Kristi enjoys crafts and is very good at them. She does most of the shopping for her projects at Michaels or Jo-Ann crafts, with an occasional trip to Target or Walmart. She also enjoys getting out at times for some simple window shopping.

Another of Kristi's favorite places to visit is the public library. Oh sure, she goes there to look through books and check out a few that she likes the best, but that's not all. Kristi loves using the computer there to do crossword puzzles and word searches, and to surf the web. She's very good at using the computer and is proud of all that she can do!

Kristi is always on the go when she's out and about. When she goes walking, she REALLY goes walking! Whenever the weather is nice she likes being outdoors. Como Lake, Fort Snelling State Park, Crosby Farm and Hillcrest Park are a few of her favorites. When taking her stroll indoors, what better place to go than, you guessed it, the mall! The Mall of America is her favorite, after all, the more (stores) the merrier, right?!?!

Kristi loves animals. One of the places she has visited was the Oliver Kelly Farm. She had a blast and enjoyed the hands-on activities. Kristi also enjoys going on picnics with staff and playing a little bit of Frisbee.

Well, I hope you enjoyed that virtual walk getting to know our friend Kristi. She does like attending the PKT group activities, so next time you see her, be sure to say "Hi!". How will you know it's her? Don't worry; you'll know. She'll be the one with the smoking shoe heels.

Christopher Bastyr, In-Home Services Coordinator



Happy Holidays



MATT'S MEMO



he air is cooling, trees are changing colors and leaves are falling. With the wonderful changes that fall brings, it has also brought some great changes for a handful of our clients at PKT. This fall there have been two internal moves that have taken place. PKT is constantly looking at living situations, and whenever an opening comes up we step back and take a look around to see if each of our clients is placed in a house that bests suits not only their personality

and strengths but also what house would best challenge them to be as independent as possible.

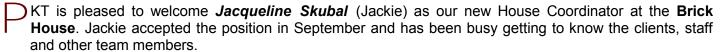
Due to some medical and health changes for **Gordon H.** better known as "Flash" around PKT, his needs required him to move from the **Pink House**, which he called home for over 15 years. His team has been working together to get him placed in an appropriate setting, anticipating a possible return to PKT in the near future. The Pink House guys were very sad to see Gordy move from the house. The staff and clients continue to visit him on a regular basis and check in to see how he's doing. Being that the Pink House had an opening, this opened up an opportunity for **Bob E**. to move from the **Brick House** to the Pink House. Bob is no stranger to the Pink House as several years ago he lived at the house for a short period. Bob looked forward to the move so that he could hang out with the guys. He has expressed excitement while also stating he will miss his roommates and the great "man cave" at the Brick House.

With Bob moving to the Pink House it then turned our attention to filling the Brick House opening. That's where *Spidy V.* comes in. Her team had discussed the benefits of moving her from the **Yellow House** to the Brick House. Spidy agreed and her move allowed her to take over the "man cave" and perhaps now give it a little more of a feminine touch as she settles in. This move benefits Spidy as there are a few other clients at Brick House whom she may connect with as they share similar interests. It will also allow her to become more independent as the house is located very close to several city bus lines. The move has been exciting for Spidy, but with any change, there is always a little apprehension. *Jennifer Johnson*, Director and *Jackie Skubal*, House Coordinator have welcomed Spidy and are excited for what they know Spidy can offer to the house.

Overall PKT is always striving to find the best placement for our clients. There is a lot that goes into making a move happen. We are excited for Bob and Spidy as they get settled into their new homes and continue to work on becoming independent. With these changes it also makes us very excited to see who will walk through the door to fill the Yellow House, and we look forward to Gordy being able to find somewhere he can call home soon.

Matt Wahl, SLS Director

WELCOME ... PKT would like to extend a warm welcome to ...



Please watch for more information in the coming months.



OPENINGS UPDATE

KT always has openings for new clients for the In-Home department. If you know of anyone interested, please contact Tennille Carlson at 612-788-3998 x 114 or Steve Tschacher at 612-788-3998 x 105.

We are now accepting both DD and CADI Waiver clients.

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STEVE'S SCOOP

y the time you receive this newsletter, you will have had your turkey and all the wonderful other dishes! I hope your Thanksgiving was restful and proved to be a time of reflection and gracious gratitude for all we have been given!!

Typically, in every November/December issue of the PKT Press, there are a few things I like to mention...one being the FLU! Below is a link to the Minnesota Department of Health's website, which provides some awesome info about this year's flu strain as well as some detailed material about the flu in general. Also, in this issue of the Press, we are including a 2012 insert/information sheet on the flu.

http://www.health.state.mn.us/divs/idepc/diseases/flu/index.html

This year we are switching up our client Christmas party a bit. We are going to have it at DeGidio's in Saint Paul and it will be more of a "formal" event with dancing and other fun stuff! Much to my sadness, Matt W. has declined the gracious offer to be Santa again this year, so I am at a loss as to what to do! He looked so good last year in the Summer Santa Suit and I know he will be missed. I even thought of cancelling Christmas this year because of Matt's decision, but, Christmas MUST carry on with or without Summer Santa ©! So, be prepared for a fun and different night! We all are looking forward to seeing you there!!

Each year, I like to end my article in this issue by encouraging us all to remember what holiday we just finished celebrating...THANKSGIVING, where we paused to reflect on the things we are thankful for. Let us not get lured into the false "xmas" spirit of receiving and telling folks what we WANT; rather this year, let's carry forth the thankful spirit into Christmas and the New Year and focus more on giving than getting.

Lastly, I just want to thank ALL the wonderful people who are employed by PKT Enterprises! You all work so hard to invest in the lives of those we serve and our clients are better because of you. Please know that you are appreciated and valued!! THANK YOU!!!

Have a good, safe, and peaceful upcoming holiday season!

SHARILYN'S ...

or many people, autumn is the time to get back into the groove of things. School is back in session, vacation time is used up, and the countdown to Christmas begins. However, for me and my co-workers, fall just means we keep on grooving in the cooling weather. Though many of us were able to take some summer time off to spend time with family and friends, the

tasks needing to be done don't disappear with the summer weather.

Much of my job is to aid our clients with their bills and funding each month. There are forms to fill out and send in each month to the County and Social Security in order to ensure a client's government funding continues without any delays in service. A lot of the time I am sent notices of information needed with only a few days notice. As many of PKT's client team members have probably experienced at one time or another (especially our awesome House Coordinators), I often request information such as bank statements or client pavcheck stubs to be sent to me very quickly if I do not already possess that information. Therefore, to all of you who have ever made an extra trip to the bank or made a call to someone else to get me information as quickly as possible, I want to say THANK YOU! Without all of your help, I would be unsuccessful at grooving this colorful fall season. «

Sharilyn Korte, Director of Financial Services

NOVEMBER - DECEMBER 2012

FEATURED HOME

Ithough the weather has gotten cooler, that hasn't stopped the ladies at the **Yellow H**ouse from being on the go!!

As I write this, **Sovanny M**. is getting on a plane to New York! She had been looking forward to this trip for almost a year! Sovanny has been keeping herself busy by doing puzzles in her free time. Many of her finished puzzles have been glued and are displayed around the Yellow House. Sovanny also enjoys playing on her iPhone, playing basketball at the local high school with her housemates and staff, and of course is always up for a game of Skip-Bo. Sovanny continues to work hard doing housekeeping at a local business. She often comes home with good things to say and lets us know that she had "good speed" at work!

Spidy V. continues to enjoy going to the local library to check out books and DVD's. She is the Yellow House bookworm. Spidy also enjoys going for walks around the neighborhood and Como Lake. Spidy has been keeping busy during the days by working at Merrick. On the weekends, Spidy enjoys various activities such as going to the movies, shopping and visiting with her boyfriend, and especially loves listening to music. You can often hear her jamming out in her bedroom when she gets home from work. *

Anna V. is excited for basketball to start again in November. She hopes to keep her winning streak going as her team has won the league for the last two years!!! Anna loves when people come to cheer her on so she can show them her awesome skills on the court. Anna enjoys going out to eat on "payday" Thursdays with her housemates and staff. Everyone takes turns choosing the place and Anna's favorite choice is Old Country Buffet!

So, if you're in the mood to play some cards, jam out to some good tunes, or watch an awesome basketball game, stop by the Yellow House!! The ladies always enjoy having visitors! \varkappa

Anna Seiger, Yellow House Coordinator

* Since this writing, Spidy's new home is now the Brick House (see Matt's Memo)

SPOTLIGHT ON

lease allow me to introduce to you *Kristin M*. who lives at the **Brighton House** with some of her closest friends. I asked Kristin what her favorite thing to do for fun is and she brought me to her journal. Together we found the pages that listed her most recent concerts. Kristin has attended Cirque du Soleil-Michael Jackson Immortal Tour, and she couldn't help but tap her feet

to "Thriller" and "Bad." Kristin also pointed to her journal page that included yet another Cirque du Soleil performance entitled Dralion. Our hearts pitter-pattered for one of the acrobatic heartthrobs as we ate an enormous bag of *purple* cotton candy. Kristin was greatly looking forward to attending the recent Madonna concert and she did not come away disappointed. Next up, Rihanna in March of 2013.

Speaking of *purple*...Kristin is always surrounded by this wonderful color. Her entire wardrobe consists of every shade of purple. She is always picking out her favorite Converse shoes, which happen to be purple and insists on nothing else.

When asked what she was most proud of, there was no hesitation in her response: Kristin is most proud of working diligently every day to overcome her reservations surrounding medical care. She had recently chosen to have her cataracts removed from both eyes. What an accomplishment this was for her. Another choice Kristin has made is to begin using an assistive speech device called a DynaVox. She has been working hard in speech therapy and learning new skills every day. Kristin was so proud that she was able to order for herself at her favorite local restaurant. Perhaps the most exciting thing about the DynaVox is when Kristin expressed she is eager to make more friends that may not have ASL skills. Her practice with this device will create endless opportunities to make many new friendships. A third...yes, a third choice Kristin is proud of herself for is initiating ASL skills when she needs some assistance with a task.





























Annual Halloween Party



PKT Enterprises' 2012



























Great Get Together





















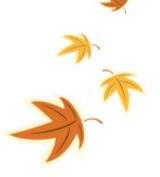




EMPLOYEE OF THE MONTH for October 2012 Jodi Feldbruegge

PKT would like to recognize and thank **Jodi** for:

- ★ Taking the time to dye and style each client's hair
- ★ Encouraging group activities like going to the mall, community parks, concerts, Twins games, churches, picnics and more
- ★ Ensuring the clients make healthy choices every day through encouragement, education and reward
- ★ Donating nail supplies numerous times as well as arts & crafts and magazines
- * Grooming and polishing each client's nails (fingers & toes) every week
- * Actively utilizing client's therapy skills while brainstorming new ones
- * Assisting supervisor with medical appointments
- * Being mindful of each client's favorite radio station on outings
- * Assisting clients in making their own jewelry to wear
- ★ Buying healthy lunch choices
- ★ Completing designated tasks effectively by or before deadline
- * Never being late, calling in or having a medication error



EMPLOYEE OF THE MONTH for November 2012 Michelle Schauer

PKT would like to recognize and thank **Michelle** for:

- ★ Bringing in games to play with the clients for new home activities
- ★ Helping a client set up a banking system to put money aside for paying bills
- ★ Switching shifts to help others get time off
- ★ Being positive and caring when clients are having a bad day



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CALENDAR/UPCOMING EVENTS

November Staff Meetings

IHS:	November 7 th	9:30a- 1:30a
Brick:	November 20 th	12:30p-2:30p
Pink:	November 21 st	12:00p-2:00p
Brown:	November 9 th	12:00p-2:00p
Columbia:	November 27 th	12:30p-2:30p
Green:	November 12 th	4:30p-6:30p
Brighton:	November 6 th	1:00p-3:00p
Dark:	November 26 th	5:00p-7:00p
Yellow:	November 20 th	12:30p-2:30p
White:	November 28 th	8:30a-10:30a

December Staff Meetings

IIIC.	December 5th	0.20- 11.20-
IHS:	December 5 th	9:30a-11:30a
Brick:	December 21 st	12:30p-2:30p
Pink:	December 5 th	12:00p-2:00p
Brown:	December 14 th	12:00p-2:00p
Columbia:	December 18 th	12:30p-2:30p
Green:	December 10 th	4:30p-6:30p
Brighton:	December 4 th	1:00p-3:00p
Dark:	December 17 th	5:00p-7:00p
Yellow:	December 11 th	12:30p-2:30p
White:	December 12 th	8:30a-10:30a

November 2012						
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December 2012						
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16	17	18	19	20	21	22
23	24		26	27	28	29

Fun Upcoming Activities

November

22: Life Time Fitness' Turkey Day 5K

22: Thanksgiving

23: Holidazzle Parade begins at 6:30p every Thursday-Sunday through December 23rd

23-25:Taylors Falls Lighting Festival. Parade 6p Friday. More information <u>www.lightingfestival.com</u>

24 - 2/3/13: Wells Fargo Winter Skate at Rice Park

27: Minnesota History Center-Free Tuesday Nights, 5-8p

<u>December</u>

1: Stillwater Twinkle Parade 4p and Hometown for the Holidays kickoff

1: Grand Meander and Christmas Tree Lighting, Grand Avenue in St. Paul

4,11,18: Tours of the Governor's Residence, 11a-1p

18: PKT Client Christmas party at DeGidios, St. Paul, MN, 5:30p

25: MERRY CHRISTMAS



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UPDATED CONTACT INFORMATION ...

www.pktenterprises.com

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Matt Wahl	612-788-3998 ext 109	mattw@pktenterprises.com	SLS Director
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Jenny Clement	612-788-3998 ext 159	whitehousecoordinator@pktenterprises.com	White House Coordinator

Brick House	651-646-5221
Pink House	651-696-1909
Brown House	651-730-4773
Columbia House	763-789-7188
Green House	651-748-0580
Brighton House	651-636-8558
Dark House	651-766-6992
Yellow House	651-487-8770
White House	651-784-7874



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Client Birthdays

Sovanny M. 11/8 11/19 Lisa B. Clint V. 12/2 Kim B. 12/10 Mata S. 12/14 Tom C. 12/16 Maryann F. 12/20 Jason W. 12/20

HAPPY ANNIVERSARY!



1 year Lakeisha Ware 1 year Elisabeth Craft 3 years

Jesse Lobash

Tim Sullivan 3 years

Jacob Garding 6 years



HAPPY BIRTHDA

Employee Birthdays

Jenny Clement 11/2 Sharilyn Korte 11/7 Latita Martin 11/11 **Abby Thomas** 11/16 Ryan Tamte 11/17 11/19 Steve Mwangi Anna Seiger 11/23 Krystle Kleven 11/26 11/27 Chloe Holum Michelle Freeman 11/28 Rayneshia Nunn 11/29 Steve Tschacher 12/6 12/6 Nillah Isaboke Rachel Newburry 12/11 12/12 Joanna Rojas **Donna Collings** 12/20 Holly Coady 12/27

WELCOME

New Employees

Joseph Anangfack Brick House LSI Patrick Anigbogu White House LSI In-Home LSI Holly Coady Kenyahna Holmes In-Home LSI Nillah Isaboke In-Home LSI Cameo McKinnies In-Home LSI

Laura Rybicki White House Coordinator

Dark House Live-In **Abigail Thomas**

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Words to Live By ...

For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved. He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God.

John 3:16-18

For mailing changes, please contact Pat Matt at 612-788-3998 x 1007; email: patm@pktenterprises.com

THE PKT PRESS

is intended to provide information to the individuals we serve, the families and individuals who are so vitally important to those we serve, as well as the many members of the PKT community about what is going on at PKT Enterprises and just exactly "who" PKT Enterprises is...